

CareerOneStop Skills Assessment

Name:

Date:

What are your skills?

Workplace skills are one of the top ways that you can qualify for a job. Employers look at your skills as a way to understand how well you would be able to do a job. Some employers say that skills are their top factor in hiring decisions. Employers are often seeking two primary types of skills: technical skills and soft skills.

Technical skills accomplish specific tasks. Soft skills are sometimes called personal skills or work-readiness skills.

Are you ready to discover your skills? Get started with the [Skills Matcher](#). Rate your “*current skills*”. Your career results will be ranked in order of how well they match your preferred skills.

To answer the next section, click on “*your skills list*” on the left-hand side. Then, record your top five skills below.

Skill 1:	Definition:
Skill 2:	Definition:
Skill 3:	Definition:
Skill 4:	Definition:
Skill 5:	Definition:

Now, click the back arrow to return to the page with your suggested occupations. Learn more about three occupations and record your thoughts below. Use the page numbers below your suggested occupations to view even more options.

Job Title 1:
Typical wages:
Projected employment:
Typical education:
Share what you might do in a day:
Explain how your preferred skills are represented in this occupation:

Job Title 2:
Typical wages:
Projected employment:
Typical education:
Share what you might do in a day:
Explain how your preferred skills are represented in this occupation:

Job Title 3:

Typical wages:

Projected employment:

Typical education:

Share what you might do in a day:

Explain how your preferred skills are represented in this occupation:

Based on your skills, which job would be the best fit for you: